



Ontario Centre
Poison antipoison
Centre de l'Ontario

ADULT POISONINGS

26,431

**CALLS RECEIVED BY
THE POISON CENTRE
WHICH INVOLVE ADULTS**

9,665 Adults managed at home with the help of the Poison Centre
&
16,766 Adults managed at a health-care facility

COMMON SUBSTANCES related to poisonings



- Sleeping pills and anti-anxiety medicines
- Pain medicines
- Anti-depressants
- Alcohol
- Cardiac (heart) medicine
- Cleaning substances
- Stimulant and street drugs
- Anti-seizure medicines
- Allergy medicines
- Personal care products

Always store products in their original container

What can you do?

Call **1-800-268-9017** if you or someone you know may have been poisoned or if you just want to ask a question. Make the Ontario Poison Centre (OPC) a contact and program your home phone and mobile phone with the toll-free number.

Calling the OPC with concerns prevents unnecessary emergency department visits thereby saving time and significant health-care dollars. Tips to poison prevention are available at: www.ontariopoisoncentre.com

@ON_Poison

Operated and supported by
The Hospital for Sick Children